

**ABSTRACT OF THE DISCLOSURE**

A medical table extension device and method has an elongated plate with opposite attachment and support sections. The attachment section extends under a mattress of the medical table to be stabilized by a patient's body weight. The support section extends outwardly from the medical table to support a patient's limb. The plate can include a continuous sheet with at least one bend defining the attachment and support sections of the plate. The attachment and support sections can have upper surfaces disposed at different elevational heights.

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